

# Step-by-step

Through a series of pictures, Dr Schwartz explains the steps involved in his typical blepharoplasty procedure.

## step 1



Although this is an operation of the eyelids and not the eyes, the patient's eyes are examined prior to blepharoplasty to keep a record of their eyesight before the procedure.

## step 2



Receiving patient consent is extremely important and this is always done before the operation.

## step 3



The patient's health history will be reviewed again and their blood pressure will be taken.

## step 4



The surgeon marks out the areas of fat that are to be removed in the upper and lower eyelids. These are then shown to the patient before the procedure to ensure there is no miscommunication between the patient and surgeon.

## step 5



The team (L to R) scrub Sister Wendy Morel, surgeon Dr Schwartz and scout Tamara Mantchakidi get ready for the procedure.

## step 6



The patient is then brought into the appropriate procedure or operating room.

## step 7



The lower eyelid is injected with local anaesthetic and then precautions are taken to cover the eyeball to protect it from the laser scalpel.

## step 8



The laser scalpel is then used to make an incision in the lower eyelid and the fat is extracted and cut away with the laser.

## step 9



The upper eyelid is then injected with local anaesthetic.

## step 10



The upper eyelid is then cut with a blade scalpel.

## step 11



The layer of skin is then peeled off and the area is cauterised to prevent bleeding.

## step 12



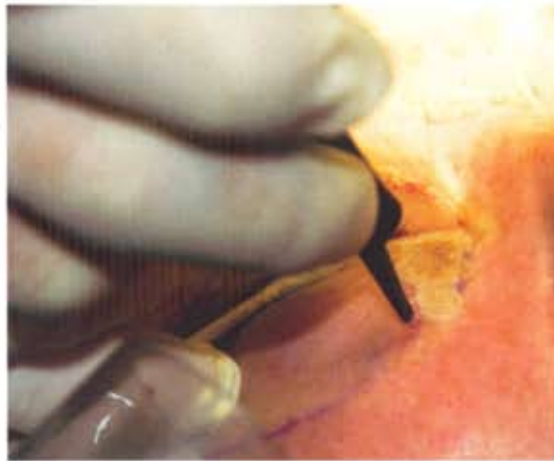
The surgeon makes a cut in the middle of the upper eyelid, so the fat can be taken out and cut off with the blade.

## step 13



The cornea is then protected with a stainless steel cap ready for laser skin resurfacing under the eye.

## step 14



A skin resurfacing laser is then used under the eye. This changes the colour of the under-eye skin.

## step 15



Vaseline is then applied to the area to protect the skin and an ice pack is used to cool it. The patient is then taken to the recovery room to relax.



Eight days post surgery.



Three months post surgery.